

SETAC Pittsburgh

Student Guide



SETAC NORTH AMERICA 43RD ANNUAL MEETING

13-17 NOVEMBER 2022 • PITTSBURGH, PA, USA + ONLINE

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**DAVID L. LAWRENCE
CONVENTION CENTER**

[1000 Fort Duquesne Blvd,
Pittsburgh, PA 15222](#)

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700-Car Parking garage

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Navigation

A photograph of the David L. Lawrence Convention Center in Pittsburgh, Pennsylvania, at sunset. The building's modern architecture with its blue-tinted glass facade is prominent. In the background, the city skyline is visible, including the UPMC Tower and the PPG Place. The sky is a mix of orange, pink, and purple, reflecting on the water in the foreground.

DAVID L. LAWRENCE CONVENTION CENTER

Navigate with [Pittsburgh Regional Transit](#)
[Bus, Rail & Incline Schedules](#)
[Real-time transit tracker & Trip Planner](#)

Bus Stops Near DLCC

Tip: enter the stop numbers into the real-time transit tracker & trip planner

Penn Ave + 11st (2833)

Liberty + William Penn (15285)

Liberty Ave + 10th Ave (7279)

Seventh Ave + Smithfield (1125)

Nearest Rail station

[Pittsburgh Union Station](#)

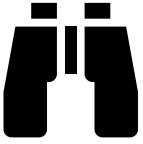
Nearest Subway station

(Blue, Red, Silver Line)

[Wood St Station](#)

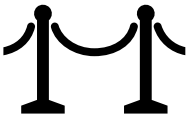
Things to do in Pittsburgh

Visit Pittsburgh Website



Sightseeing

- [Duquesne Incline](#)
 - [Monongahela Incline](#)
 - [Mt. Washington](#)
-



Museums

- [Carnegie Museum of Art](#)
 - [Carnegie Museum of Natural History](#)
 - [Andy Warhol Museum](#)
(Pop Art)
 - [National Aviary](#)
 - [Phipps Conservatory and Botanical Gardens](#)
-



Hiking
&
Biking

- [Bike Tours & Rental](#)
- [Emerald View Park](#)
(View of the Pittsburgh Skyline)
- [Three Rivers Heritage Trail: Allegheny N Shore](#)
(Trail along the Monongahela River)

Conference Format

This year, SETAC NA is a hybrid *In-Person* and Virtual meeting

In-person platform presentations are **live streamed** and available on-demand for virtual attendees.

Poster presentations are uploaded to the virtual platform for on-demand viewing, in addition to the in-person poster session

Chat function available on online platform for follow-up discussion and connecting with virtual attendees

All Attendees: Access [the Confex Meeting Platform](#) to see Program, scientific abstracts, and presentation time/locations

Tip: download Confex's SETAC Pittsburgh App on your phone ([Android](#) or [iOS](#))

Meeting Format

Scientific Program

Sessions
Special Sessions
Plenaries

Parallel Program


Mini-Workshops
Seminars
Topical Discussions
Group Meetings
Admin. Business Meetings

[COVID-19 Safety Information](#)

[Accessibility & Inclusion Information](#)

Conference Format


Tip: Get Familiar with the [Confex Platform](#) before the meeting


 Home


 Search


 Daily Schedule → [Click for the general daily schedule](#)

 Full Program

 Plenaries and Assemblies

 Scientific Sessions


 Topical Discussions

 Parallel Events


- View abstracts, times, & locations
- Utilize the chat function for follow-up discussions
- On-demand presentations & recordings available for 3 months after meeting.


 My Items

 My Schedule → Add presentations to your schedule to plan your days


 My Favorites → 'Favorite' presentations for easy access during the meeting


 My Contacts → Connect with presenters and attendees

 My Notes → Take notes on individual presentations

 Exhibits and Sponsors

 Participants


 General Info → Locate *In Person* exhibitor booths

 Help Desk → DLCC Floor Plans, Social Media, etc.

 Awards

 Career Center → Check out the [SETAC Career Center](#) to find jobs in your field!

 Sign Out

 Technical Support

Student Events

Pre-registration required for all events. Click the [link](#) for event details and registration. *Student Activities will not be live-streamed.*

Sunday | 13 Nov

Professional Training Courses | 8:00 – 17:00 ET

Click this [link](#) to view courses & pricing

How to Become Employed in Environmental Toxicology and Chemistry: Résumés, Interviewing, Networking (\$25)

8:30–12:00 ET | Room 315

Transitioning Careers and Building your Digital Footprint: A Professional Development Workshop for All Career Stages (\$25)

1:00–4:30 ET | Room 315

Meeting Guide Program Meet and Greet

4:30–5:30 ET | Room 317/318

Registration deadline passed

Monday | 14 Nov

Student/Mentor Dinner (\$10 for students, \$30 for mentors) | 18:00–20:00 ET

14 November | Ballroom

Student Events

Pre-registration is required for all events. Click the [link](#) for event details and registration. *Student Activities will not be live-streamed.*

Tuesday | 15 Nov

Exploring Career Choices (\$15)

17:30–18:30 ET | Room 315

Early Career Social (\$10 students, \$20 nonstudents)

18:15–20:00 ET | Penn Brewery

Sponsored by Wellington Laboratories

Wednesday | 16 Nov

Student Noontime Seminar – Growing From Uncertainty: Finding Value and Making Moves with Robin Eng from Pittsburgh Parks Conservancy (FREE)

12:30–14:00 ET |

Room 317/318



Student Trivia (\$5)

18:00–20:00 ET | Room 317/318

Be sure to check out the Student Corner in Exhibit Hall A

Meeting Tips

Presenting

Platform presenters! If you have not uploaded your presentation online, be sure to **visit the Speaker Ready Room (Room 308) by 5 pm the day before your presentation** to give your slides.



Familiarize yourself with the [Presentation Guidelines](#).



Rehearse your presentation or elevator pitch.



Keep up with the Confex Platform Q&A Chat.

If you've got butterflies...



- Breathe & Meditate.
- Assume the power pose – stand straight and open your chest.
- Pretend that you are presenting to close friends.
- Remember that *you are presenting to share your research*, not to give the perfect presentation.
- Remember that you are the expert of your own presentation.



Be yourself, because you are super cool!

Meeting Tips

Make the most out of your learning experience



Define your goals. What are your intentions going into the meeting?

Plan the presentations to attend *before* the meeting.

- Talk to colleagues and advisor prior to get talk recommendations.
- Use the [Confex Meeting Platform](#) to search for presentations by key research groups in your field.
- “Favorite” presentations to attend on the Confex Meeting Platform.



Ask Questions. No matter how trivial you think it may be. Remember, researchers *love* to talk about their research.



Take notes. Remember your notepad or laptop!



Take care of yourself.

- Eat, rest, and stay hydrated.
- Prepare sleep schedule for early morning talks.
- Take breaks during the meeting.



Reflect on what you learned quickly after the meeting. Find papers related to presentations you attended.

Meeting Tips

Make meaningful connections

Attempt to meet new people.



- Think about who you would like to meet prior to the conference.
- Ask your advisor/colleagues to introduce you to other attendees.
- Go to social hours and join related organizations.

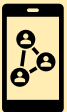


Prepare conversation starters & practice your elevator pitch.



Invite people to your talk. Write down your talk time/location on some of your business cards to give to people.

Use social media to connect with other attendees.



- Update your resume, CV, and social media profile prior to the conference.
- Share with your network that you plan to attend and/or present.

Follow up with attendees you met after the conference.



- Tip - write down the conversation topic on the business card of the people you met as a reminder.
- Connect with attendees through social media or send a follow-up email.

Meeting Tips

Attending Virtually

Prepare for Zoom Meetings.



- Download Zoom and test audio and video quality before the meeting.
- Take advantage of SETAC's [Zoom Background](#).

Prepare your space



- Minimize distractions.
- Have all your tools (coffee & tea included) in front of you.
- Utilize the blue light filter (or nightlight) on your computer.



Connect with other attendees by joining live-streams and using the Q&A function.

More Presentation Tips:

[The Genard Method](#)

[Elsevier Nature](#)

[Scientifica Science](#)

More Meeting Tips:

[Oxford Royale](#)
[A Happy Ph.D.](#)
[Bloomerang](#)

[The Muse](#)
[Cvent](#)

[Harvard Business Review](#)

Get Connected

SETAC offers many opportunities to enhance student professional development.

[Click to Become a Member!](#)

SETAC Student Membership Benefits

- Reduced membership dues
- Reduced fees for SETAC meetings and events
- Student [awards and fellowships](#)
- Resume posting
- [Mentorship program](#)
- Networking
- [Career Development](#)

Connect with SETAC members in your local area. Find your North America Regional Chapter!

[Click this link](#)

Join one of SETAC's many [Interest Groups](#) and [Affinity Groups](#).

Keep SETAC connections between annual meetings by attending the [SETAC Café Series](#).

Connect with Students in SETAC



[@studentsofSETAC](#)



[@studentsofSETAC](#)



[Outreach Blog](#)

Get Involved

Become a Leader in the North America Student Advisory Committee (NASAC)

- **Join a network of student advocates across SETAC North America** to coordinate student events at SETAC NA meetings and the Young Environmental Scientist meeting
- [Click here to see current NASAC members & roles](#)
- See NASAC at the Student Corner or contact NASAC Chair Lauren Zink (zink@uleth.ca) to get involved

Join a [SETAC Committee](#)

Check out [SETAC's Science Outreach Page](#) to get involved with other science organizations

***See you at SETAC
Pittsburgh!***

Links

Transportation

	https://www.google.com/maps/place/David+L.+Lawrence+Convention+Center/@40.4449192,-79.9953366,17.5z/data=!3m1!5s0x8834f3e2e995682b:0x3bff6f9c447e5dd0!4m5!3m4!1s0x8834f3e2eb0a8de7:0x36ba9693af60a61!8m2!3d40.4455472!4d-79.9962844
DLCC Google Maps	
Directions & Parking	https://www.pittsburghcc.com/directions-parking/
Convention Center Parking Garage	https://parkpgh.org/lots/4
Real-time availability	
Convention Center Parking Garage Prices	https://alcoparking.com/lot-garage/convention-center-garage/
Bike Rack Locations	http://s3.amazonaws.com/pburgh-dlcc/Uploaded/PDF-Files/Bike-Racks-Final.pdf?mtime=20200603094825
Bus, Rail, and Incline Schedules	https://www.rideprt.org/all-schedules/
Pittsburgh Regional Transit Bus information	https://truetime.portauthority.org/home
Spin Scooters	https://move-pgh.com/blog/wheretoridescooterspgh
Spin Scooter rules	https://move-pgh.com/blog/wheretoridescooterspgh
Mobility Hub Locations	https://move-pgh.com/what-are-mobility-hubs
Mobility hub @ Lawrence Convention Center (40.4447353, -79.99586454)	https://goo.gl/maps/F7pEtxtNVa9Cawfp9
Allegheny General Hospital ER	https://www.google.com/maps/place/Allegheny+General+Hospital+Emergency+Room/@40.4547753,-80.0103206,16.5z/data=!3m1!5s0x8834f3f72bbb22b9:0xd817e3adab1fe5c4!4m5!3m4!1s0x8834f3f728de1669:0x3781828654867f0f!8m2!3d40.4568775!4d-80.0039932?shorturl=1

Things to do in Pittsburgh

General Visit Pittsburgh Website	https://www.visitpittsburgh.com/
Duquesne Incline	http://www.duquesneincline.org/
Monongahela Incline	https://monongahelaincline.com/
Mt. Washington	https://www.visitpittsburgh.com/neighborhoods/mt-washington/
Phipps Conservatory and Botanical Gardens	https://www.phipps.conservatory.org/
Carnegie Museum of Art	https://cmoa.org/
Carnegie Museum of Natural History	https://carnegiemnh.org/
Andy Warhol Museum	https://www.warhol.org/
National Aviary	https://www.aviary.org/
Bike Tours	http://bikepittsburgh.com/
Emerald View Park	https://pittsburghparks.org/explore-your-parks/regional-parks/emerald-view-park/
Three Rivers Heritage Trail:	https://www.alltrails.com/trail/us/pennsylvania/three-rivers-heritage-trail-monongahela-south-shore

Links

Conference Links

Google Playstore app	https://play.google.com/store/apps/details?id=com.confex.meetingapp.setac.msna2022&hl=en_US&gl=US
iOS app	https://apps.apple.com/us/app/setac-pittsburgh/id6443588737
General Daily Schedule	https://pittsburgh.setac.org/daily-schedule-grid/
Career Center	https://careers.setac.org/
Accessibility and Inclusion	https://pittsburgh.setac.org/accessibility-and-inclusion/
COVID Safety Information	https://pittsburgh.setac.org/health-and-safety/
Meeting Format	https://pittsburgh.setac.org/meeting-format/
Student Activities	https://pittsburgh.setac.org/student-activities/

Meeting Tips

Presentation Guidelines	https://pittsburgh.setac.org/presentation-guidelines/
Overcoming Stage Fright	https://www.genardmethod.com/blog/10-fast-and-effective-ways-to-overcome-stage-fright
The Gernard Method	https://www.genardmethod.com/blog/10-fast-and-effective-ways-to-overcome-stage-fright
Elsevier	https://www.elsevier.com/connect/how-to-give-a-dynamic-scientific-presentation
Nature	https://www.nature.com/articles/d41586-018-07780-5
Scientifica	https://www.scientifica.uk.com/neurowire/tips-for-presenting-your-scientific-poster-at-a-conference
Science	https://www.science.org/content/article/how-prepare-scientific-poster
Conference small talk	https://thesiswhisperer.com/2017/08/30/8424/
A Happy PhD	https://ahappyphd.org/posts/going-to-conferences/
Harvard Business Review	https://hbr.org/2018/12/how-to-follow-up-with-people-after-a-conference
Oxford Royale	https://www.oxford-royale.com/articles/first-academic-conference/
Bloomerang	https://bloomerang.co/blog/9-tips-for-getting-the-most-out-of-a-virtual-conference/
The Muse	https://www.themuse.com/advice/10-ways-to-make-the-most-out-of-a-conference
Cvent	https://www.cvent.com/en/blog/events/10-tips-attending-virtual-conference

Getting Connected/Involved

Becoming a member	https://www.setac.org/page/BecomeMember
Awards & Fellowships	https://awards.setac.org/
Mentorship Program	https://www.setac.org/general/custom.asp?page=mentoring
Career Development Page	https://www.setac.org/page/ProfDevelopment
SETAC Regional Chapters	https://www.setac.org/page/SNARegionalChapters
Interest Groups	https://www.setac.org/page/JoinInterestGroup
Affinity Groups	https://www.setac.org/page/AffinityGroups
SETAC Café Series	https://www.setac.org/page/SETACcafe
Twitter	https://twitter.com/studentsofSETAC?s=20
Facebook	https://www.facebook.com/studentsofSETAC/
Outreach Blog	https://studentsofsetacoutreach.wordpress.com/
NASAC Members	https://studentsofsetacoutreach.wordpress.com/meet-the-students-of-setac/
SETAC NA Committees	https://www.setac.org/page/SNACcommittees
Science Outreach Page	https://www.setac.org/page/ScienceCommunication